



Dr. Thomas Panakal was born in India. He studied Economics, Political Science and World History in his homeland. He received his Ph.D from the School of Gandhian Thought and Development Studies at the Mahatma Gandhi University in Kottayam (in the state of Kerala, India). Dr. Panakal immigrated to Canada. He completed his post-graduate studies in Canada and the U.S.A. in Political Science, International Relations and Education. He also studied Anthropology. In other words, Dr. Thomas Panakal is a multidisciplinary. He taught World History and English for many years in Montreal (Canada). Dr. Panakal received a Gold Medal from the Rotary International for the best essay on the United Nations Organization, and he is the recipient of the largest number of prizes in the graduating class at college, Kerala University. He has written several books and more than 300 articles published in *The Journal of Gandhian Studies* (New Delhi), *Canadian-India Times* (Ottawa), *Vancouver Sun* (Vancouver, Canada), *Femina and Youth Times* (Mumbai), *Alive* (New Delhi), *Guardian* (Trinidad, West Indies) and others. Dr. Thomas Panakal has served as a visiting member of the Faculty of Mary Mata College in India and has conducted classes and seminars at Mahatma Gandhi University attended by students from outside India. The historian has been interviewed on many occasions on radio and television stations in Montreal such as CJNT (Indo-Montreal Magazine programme). Presently, Dr. Panakal works on the editorial board of *Bharat Times* (an Indian newspaper from Montreal). It is important to note that he is a regular columnist for this publication. In 2009, Dr. Panakal received an award (for his articles) from *Bharat Times*.

